



CERTIFICATE OF INCORPORATION
OF

IDAHO ASSOCIATION FOR TOTAL HEALTH AWARENESS, INC.

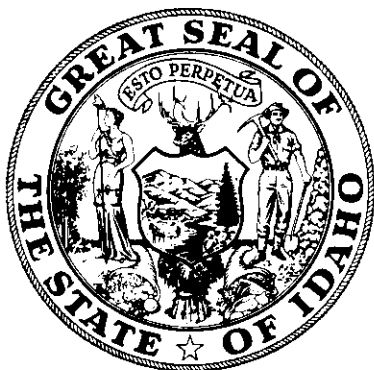
I, PETE T. CENARRUSA, Secretary of State of the State of Idaho, hereby certify that
duplicate originals of Articles of Incorporation for the incorporation of _____

IDAHO ASSOCIATION FOR TOTAL HEALTH AWARENESS, INC.

duly signed pursuant to the provisions of the Idaho Nonprofit Corporation Act, have been received
in this office and are found to conform to law.

ACCORDINGLY and by virtue of the authority vested in me by law, I issue this Certificate of
Incorporation and attach hereto a duplicate original of the Articles of Incorporation.

Dated March 10th, 19 83.



Pete T. Cenarrusa
SECRETARY OF STATE

Corporation Clerk

ARTICLES OF INCORPORATION FOR THE

IDAHO ASSOCIATION FOR TOTAL HEALTH AWARENESS, INC.

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SECRETARY OF

The name of the corporation is the Idaho Association for Total Health Awareness, Inc. This corporation is a nonprofit corporation. The period of duration is perpetual.

The purpose for which the corporation is organized is to form an organization of health conscious professionals and non-professionals whose goals are to promote optimum health by increasing awareness and education in the principles of nutrition, exercise, stress management, and alternative health care through regular workshops and seminars.

The corporation has members and management is to be vested in a Board of Directors.

Initial Registered office and agent:

Patricia A. Woodward
2005 North West 12th
Meridian, Idaho 83642

The initial Board of Directors:

Paul M. Gullickson B.S., D.C.
22 E. Franklin
Meridian, Idaho 83642

Rick L. Hodge
6430 Morris Hill Rd.
Boise, Idaho

Karen Knudsen
9522 Chadwick
Boise, Idaho 83704

Raymond C. Morgan, Ph. D.
40 West Franklin Suite F
Meridian, Idaho 83642

LeRoy Y. Palmer
Alene R. Palmer
9701 Whirlaway
Boise, Idaho 83704

Patricia A. Woodward
2005 North West 12th
Meridian, Idaho 83642

Wanda Von Stroh
Rt #3
Kuna, Idaho 83634

The Incorporators shall be:

Patricia A. Woodward AND Alene R. Palmer

Signed: Patricia A. Woodward
Alene R. Palmer