

**FILED EFFECTIVE**

**RESIGNATION OF VICE PRESIDENT**

2018 APR 16 AM 10:54

OF

SECRETARY OF STATE  
STATE OF IDAHO

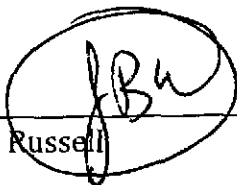
HEAL YOUR GUT FOODS, INC. (C208667)

*Resigned  
Officer*

On April 13<sup>th</sup> 2018 Jason B. Russell resigned his appointment as Vice President for Heal Your Gut Foods, Inc.

On April 13<sup>th</sup>, 2018 Jason Russell resigned from his position on the Board of Directors for Heal Your Gut Foods, Inc.

Jon Knudson is the sole shareholder for Heal Your Gut Foods, Inc.

  
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Jason Russell

**Change of Corporation Address:**

*Old Business Address:*

P.O. Box 140077, Boise, Idaho 83714

*New Business Address:*

477 Ave. H, Apt. 303, Boise Idaho 83702