



CERTIFICATE OF INCORPORATION
OF

IDEAL LIFE STYLES, INC.

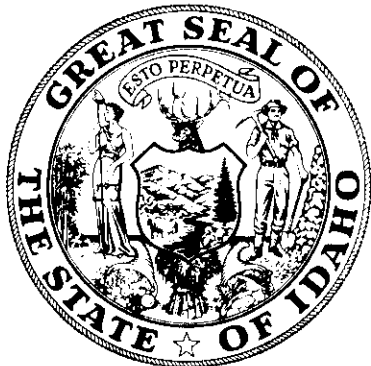
I, PETE T. CENARRUSA, Secretary of State of the State of Idaho, hereby certify that
duplicate originals of Articles of Incorporation for the incorporation of _____

IDEAL LIFE STYLES, INC.

duly signed pursuant to the provisions of the Idaho Business Corporation Act, have been received
in this office and are found to conform to law.

ACCORDINGLY and by virtue of the authority vested in me by law, I issue this Certificate of
Incorporation and attach hereto a duplicate original of the Articles of Incorporation.

Dated: *April 8, 1982*



SECRETARY OF STATE

by: _____

ARTICLES OF INCORPORATION
of
IDEAL LIFE STYLES, INC.

The following Articles of Incorporation are hereby adopted pursuant to the Idaho Business Corporation Act:

1. Name.

The name of the corporation is:

IDEAL LIFE STYLES, INC.

2. Duration.

The corporation shall have perpetual duration.

3. Purposes.

The corporation is formed for the purposes of owning, managing and operating diet franchises and any or all other lawful business for which corporations may be incorporated under the Idaho Business Corporation Act.

4. Authorized Shares.

The corporation shall be authorized to issue 10,000 shares, all of one class, for a par value of \$1.00 per share.

5. Registered Agent and Office.

The name of the initial registered agent and the address of the initial registered office of the corporation are:

David Noel Johnson
P.O. Box 532 c/o 25 N. 2nd E.
Rexburg, Idaho 83440 as per Phyllis

6. Directors.

The initial Board of Directors shall consist of three directors whose names and addresses are as follows:

<u>Name</u>	<u>Address</u>
David Noel Johnson	P.O.Box 532, Rexburg, Id. 83440
Gwili Saurey	Route 2, Rexburg, Idaho 83440
Byron Thomason	Route 1, Rexburg, Idaho 83440

7. Incorporator.

The name and address of the incorporator:

David Noel Johnson
P.O. Box 532
Rexburg, Idaho 83440


DATED: April 6, 1982


David Noel Johnson

STATE OF IDAHO,)
 ss.
County of Madison)

On this 6th day of April, 1982, before me, the undersigned a notary Public in and for said State, personally appeared DAVID NOEL JOHNSON, known to me to be the person whose name is subscribed to the within instrument and acknowledged to me that he executed the same.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed my official seal the day and year in this certificate first above written.


Notary Public for Idaho
Residing at Rexburg, Idaho
My Commission Expires: