FILED

ARTICLES OF AMENDMENT

To The

ARTICLES OF INCORPORATION

SEMANOV 23 AM II: 00

Of

IDORA SILVER MINES, INC.

Pursuant to the provisions of Section 30-1-61 of the Idaho Business Corporation Act, the undersigned corporation adopts the following Articles of Amendment to its Articles of Incorporation:

FIRST: The following Amendments to the Articles of Incorporation were adopted by the shareholders of the corporation on October 2, 1998 in the manner prescribed by the Idaho Business Corporation Act:

That the paragraph of Article First of the Articles of Incorporation of Idora Silver Mines, Inc., page 1, was amended to read as follows:

"FIRST: That the name of this corporation shall be and is:

AMERICAN HEALTH PROVIDERS CORP. "

That the Article now titled Article "Fourth:" of the Article of Incorporation of Idora Silver Mines, Inc., page 1, was amended to read as follows:

"FOURTH (1):"

That paragraph (a) of Article Fourth of the Articles of Incorporation of Idora Silver Mines, Inc., pages 1 and 2, was amended to read as follows:

"(a) To carry out any and all general business activities which the Board of Directors considers and approves, and to engage in any type of business without regard to industry which the Board of Directors believes is in the best interests of the corporation."

Items (b) through (m) of Article Fourth of the Articles of Incorporation of Idora Silver Mines, Inc., pages 2 through 4 remain unchanged.

INC., pages 2 through 4 remain unchanged.

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SECOND: The number of one-class shares of the corporation outstanding at the time of such adoption was 2,342,441 and the number of shares entitled to vote thereon was 2,342,441.

THIRD: The number of shares voted approving the amendment to Article First was 1,567,772 (67%), the number abstaining from voting was (0.3%), the number of shares voted against such amendment was 167 (.01%). The number of shares voted approving the amendment to Article Fourth was 1,567,772 (67%), the number abstaining from voting was (0.3%), the number of shares voted against such amendment was 167 (.01%).

DATED: November 1998

IDORA SILVER MINES, INC.

Howard M. Crosby

President

STATE OF IDAHO

SS.

County of Kootenai)

I, BALBARA S. Suveq, a Notary Public, do hereby certify that on this 10th day of November, 1998, personally appeared before me HOWARD M. CROSBY, who being by me first duly sworn, declared that he is the person who signed the foregoing document, is the President of Idora Silver Mines, Inc., and that the statements contained therein are true.

NOTARY OF IDAYO

Residing at:

RESIDING IN: COEUR D'ALENE, IDAHO MY COMMISSION EXPIRES: MARCH 1, 2001

My Commission Expires:

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