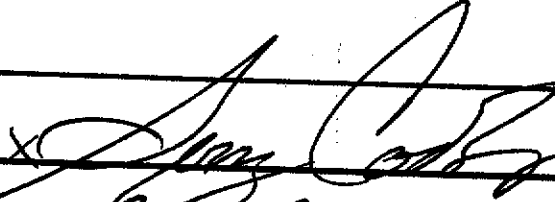


FILED EFFECTIVE

No. W 35407	Reinstatement Annual Report Form ADMIN DISSOLVED 03/04/2010		2. Registered Agent and Office (NOT A P.O. BOX)	
Return to: SECRETARY OF STATE 450 N 4th STREET PO BOX 83720 BOISE, ID 83720-0080	1. Mailing Address: Correct in this box if needed.		GERALD L COOK 2605 N BOYER SANDPOINT ID 83864	
REINSTATEMENT FEE DUE: \$30.00	FITNESS AND SPORTS TRAINING LLC		3. New Registered Agent Signature.	
4. Limited Liability Companies: Enter Names and Addresses of Managers OR Members.				
Office Held	Name	Street or PO Address	City	State
				Country
				Postal Code
MEMBER GERRY COOK 2605 N. BOYER ID BONNER SANDPOINT 83864				
MEMBER KARIN COOK 2605 N. BOYER ID BONNER SANDPOINT 83864				
5. Organized Under the Laws of:		6.		
IDAHO W 35407		Signature: 	Date: 3/16/10	
		Name (Type or print):	GERRY COOK	Title: owner
Issued 03/16/2010 by CLH				

INSTRUCTIONS FOR THE IDAHO ANNUAL REPORT FORM

Block 1: Pay special attention to the mailing address. If the correct address is not given in Block 1, strike it out and write in the correct address. **Note:** To ensure future mailings, the corrected address must be inside Block 1.

Block 2: To change the registered agent or office, strike the incorrect information and write in the correct information. **Note:** The office of the registered agent must be at a street address in Idaho; not a Post Office Box or Personal Mail Box.

Block 3: Only a new registered agent must be in Block 3.