





STATE OF IDAHO Office of the secretary of state, Phil McGrane ARTICLES OF INCORPORATION (NONPROFIT)

Idaho Secretary of State PO Box 83720 Boise, ID 83720-0080 (208) 334-2301 Filing Fee: \$30.00 For Office Use Only

-FILED-

File #: 0006366977

Date Filed: 7/21/2025 4:24:23 PM

Select one: Standard, Expedited or Same Day Service (see descriptions below)	Expedited (+\$40; filing fee \$70)
Article 1: Corporation Name Entity name	Girls on the Mat, Inc.
Article 2: Effective Date The corporation shall be effective	when filed with the Secretary of State.
Article 3: Purpose The purpose for which the corporation is organized is:	Educational
Article 4: Voting Members: The corporation	does not have voting members.
Article 5: Asset Distribution on Dissolution Upon dissolution the assets shall be distributed:	all assets will be distributed to another nonprofit organization with a similar purpose.
Article 6: IRS Designation Does this nonprofit corporation intend to file as a 501(c)(3) with the IRS?	Yes
501(c)3 purpose for which the corporation is organized:	The corporation is organized exclusively for charitable and educational purposes under Section 501(c)(3) of the Internal Revenue Code. Girls on the Mat exists to foster resilience, confidence, and emotional well-being in girls through trauma-informed yoga, breathwork, and mindful movement. Programming prioritizes underserved youth and is delivered through schools, camps, and community organizations, empowering girls with tools for healing and self-worth at critical stages of development.
Article 7: The mailing address of the corporation shall be:	
Mailing Address	5103 N WILDRYE DR BOISE, ID 83703-3823
Article 8: Registered Agent Name and Address Registered Agent	Jamie Lange Registered Agent Physical Address 5103 NORTH WILDRYE DRIVE BOISE, ID 83703

Incorporator Address

Article 9: Incorporator Name(s) and Address(es)

Name



Jamie K Lange	5103 N. WILDRYE DR. BOISE, ID 83703-3823

Article 10: Director Name(s) and Address(es)

Name	Title	Director Address
Erin Jones	President	5103 N. WILDRYE DR. BOISE, ID 83703-3823
Aubrey Ellsworth	Vice President	5103 N. WILDRYE DR. BOISE, ID 83703-3823
Avalon Derlacki	Secretary	5103 N. WILDRYE DR. BOISE, ID 83703-3823

The Articles of Incorporation must be signed by at least one Incorporator.

Jamie K Lange 07/21/2025

Jamie K Lange Date

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