

Variable	Definition	Source
Age	Age in years	Survey
Gender	Male = 1, Female = 2	Survey
Marital status	Married = 1, Single = 2, Divorced = 3, Widowed = 4	Survey
Education	Less than high school = 1, High school = 2, Some college = 3, College = 4, Postgraduate = 5	Survey
Income	Less than \$10,000 = 1, \$10,000-\$14,999 = 2, \$15,000-\$19,999 = 3, \$20,000-\$24,999 = 4, \$25,000-\$29,999 = 5, \$30,000-\$34,999 = 6, \$35,000-\$39,999 = 7, \$40,000-\$44,999 = 8, \$45,000-\$49,999 = 9, \$50,000-\$54,999 = 10, \$55,000-\$59,999 = 11, \$60,000-\$64,999 = 12, \$65,000-\$69,999 = 13, \$70,000-\$74,999 = 14, \$75,000-\$79,999 = 15, \$80,000-\$84,999 = 16, \$85,000-\$89,999 = 17, \$90,000-\$94,999 = 18, \$95,000-\$99,999 = 19, \$100,000 or more = 20	Survey
Health status	Excellent = 1, Very good = 2, Good = 3, Fair = 4, Poor = 5	Survey
Depression	Depressed = 1, Not depressed = 2	Survey
Alcohol consumption	Never = 1, Former = 2, Current = 3	Survey
Smoking status	Never = 1, Former = 2, Current = 3	Survey
Exercise	Never = 1, Former = 2, Current = 3	Survey
Stress	Low = 1, Medium = 2, High = 3	Survey
Loneliness	Low = 1, Medium = 2, High = 3	Survey
Life satisfaction	Low = 1, Medium = 2, High = 3	Survey
Quality of life	Low = 1, Medium = 2, High = 3	Survey
Healthcare utilization	Low = 1, Medium = 2, High = 3	Survey
Health insurance	Medicare = 1, Medicaid = 2, Private = 3, None = 4	Survey
Healthcare access	Low = 1, Medium = 2, High = 3	Survey
Healthcare costs	Low = 1, Medium = 2, High = 3	Survey
Healthcare quality	Low = 1, Medium = 2, High = 3	Survey
Healthcare satisfaction	Low = 1, Medium = 2, High = 3	Survey
Healthcare utilization	Low = 1, Medium = 2, High = 3	Survey
Health insurance	Medicare = 1, Medicaid = 2, Private = 3, None = 4	Survey
Healthcare access	Low = 1, Medium = 2, High = 3	Survey
Healthcare costs	Low = 1, Medium = 2, High = 3	Survey
Healthcare quality	Low = 1, Medium = 2, High = 3	Survey
Healthcare satisfaction	Low = 1, Medium = 2, High = 3	Survey