

Variable	Mean	SD	Min	Max
Age	30.5	4.5	18	45
Gender	Male			
Marital status	Married			
Education	High school			
Occupation	Teacher			
Income	1000			
Health status	Good			
Smoking status	Non-smoker			
Alcohol consumption	No			
Stress level	Low			
Life satisfaction	High			
Family size	3			
Religious belief	Islam			
Political participation	No			
Volunteer work	No			
Charitable donations	No			
Community involvement	No			
Environmental awareness	High			
Healthcare utilization	Low			
Physical activity	Low			
Dietary habits	Healthy			
Sleep patterns	Regular			
Mental health status	Good			
Substance use	No			
Work-life balance	Good			
Financial stability	Good			
Social support	High			
Life expectancy	75			
Quality of life	High			
Overall health	Good			