





STATE OF IDAHOOffice of the secretary of state, Phil McGrane

ANNUAL REPORT

Idaho Secretary of State PO Box 83720 Boise, ID 83720-0080 (208) 334-2301 Filing Fee: \$0.00 For Office Use Only

-FILED-

File #: 0005501633

Date Filed: 12/5/2023 4:07:20 PM

Entity Name and Mailing Address:			
Entity Name:	In The Flow	In The Flow Nutrition LLC	
The file number of this entity on the records of the Idaho Secretary of State is:	000501172	0005011729	
Address		311 ASPEN DR HAILEY, ID 83333-8831	
Entity Details:			
Entity Status	Active-Exis	Active-Existing	
This entity is organized under the laws of:	IDAHO	IDAHO	
If applicable, the old file number of this entity on the recont the Idaho Secretary of State was:	rds of		
The registered agent on record is:			
Registered Agent		UNITED STATES CORPORATION AGENTS INC Commercial Registered Agent	
	Physical Add		
		800 W MAIN ST STE 1460 BOISE, ID 83702	
	Mailing Addre		
	-	800 W MAIN ST STE 1460	
	BOISE, ID	BOISE, ID 83702	
Agent or Address Change			
Select if you are appointing a new agent.			
Limited Liability Company Managers and Members			
Name	TItle	Business Address	
■ Jackson Charles Long	Member	311 ASPEN DR HAILEY, ID 83333	
The annual report must be signed by an authorized signer of the entity. Job Title: Member			
Jackson Charles Long		12/05/2023	
Sign Here		Date	