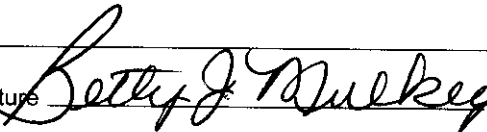


No. C 108824	Due no later than Dec 31, 2000		2. Registered Agent and Office NO PO BOX																															
Return to: SECRETARY OF STATE 700 WEST JEFFERSON PO BOX 83720 BOISE, ID 83720-0080 NO FILING FEE IF RECEIVED BY DUE DATE	Annual Report Form		BETTY J MULKEY																															
	1. Mailing Address - Correct in this box, if applicable FRANK'S NATURAL FOODS, INC. PO BOX 1413 HAYDEN, ID 83835		3655 N GOVERNMENT WAY COEUR D'ALENE, ID 83814 3. <u>New</u> Registered Agent Signature																															
4. Corporations: Enter Names and Business Addresses of President, Secretary and Directors.																																		
<table border="0"> <thead> <tr> <th><u>Office held</u></th> <th><u>Name</u></th> <th><u>Street or P.O. Address</u></th> <th><u>City</u></th> <th><u>State</u></th> <th><u>Zip</u></th> </tr> </thead> <tbody> <tr> <td>President</td> <td>Betty J. Mulkey</td> <td>P.O. Box 1413</td> <td>Hayden,</td> <td>Idaho</td> <td>83835</td> </tr> <tr> <td>Secretary</td> <td>Gloria Perrigo</td> <td>7944 34th S.W.</td> <td>Seattle,</td> <td>Washington</td> <td>98126</td> </tr> <tr> <td>Director</td> <td>Betty J. Mulkey</td> <td>P.O. Box 1413</td> <td>Hayden,</td> <td>Idaho</td> <td>83835</td> </tr> <tr> <td>Director</td> <td>Gloria Perrigo</td> <td>7944 34th S.W.</td> <td>Seattle,</td> <td>Washington</td> <td>98126</td> </tr> </tbody> </table>					<u>Office held</u>	<u>Name</u>	<u>Street or P.O. Address</u>	<u>City</u>	<u>State</u>	<u>Zip</u>	President	Betty J. Mulkey	P.O. Box 1413	Hayden,	Idaho	83835	Secretary	Gloria Perrigo	7944 34th S.W.	Seattle,	Washington	98126	Director	Betty J. Mulkey	P.O. Box 1413	Hayden,	Idaho	83835	Director	Gloria Perrigo	7944 34th S.W.	Seattle,	Washington	98126
<u>Office held</u>	<u>Name</u>	<u>Street or P.O. Address</u>	<u>City</u>	<u>State</u>	<u>Zip</u>																													
President	Betty J. Mulkey	P.O. Box 1413	Hayden,	Idaho	83835																													
Secretary	Gloria Perrigo	7944 34th S.W.	Seattle,	Washington	98126																													
Director	Betty J. Mulkey	P.O. Box 1413	Hayden,	Idaho	83835																													
Director	Gloria Perrigo	7944 34th S.W.	Seattle,	Washington	98126																													
5. Organized Under the Laws of: IDAHO C 108824		6.  Date <u>12/8/00</u> Signature _____ Title: <u>President</u> Name (Typed or Printed) <u>Betty J. Mulkey</u> XXXX																																